

# CALL FOR PARTICIPATION DEADLINE: 10 December 2024 (23:59 CET)

## **ALF Hands-On**

If you are an experienced professional that works in a civil society entity, then this call is for you!

We are bringing you an opportunity to level up your skills and enhance your professional capacity with free online non-theoretical training from peers who walked the same professional path as you are now. This peer-to-peer e-learning opportunity is designed by and for experts from civil society organizations to enhance the capacities of professionals in management and diverse intercultural dialogue fields.

In this 3<sup>rd</sup> Edition of the ALF HandsOn Program, you will be able to choose from 24 capacity enhancement modules that were crafted to contribute to generating dynamic interactions, knowledge sharing, and cocreation of innovative solutions with peers and facilitators.

That's to say, ALF Hands On is more than just a training program; it is a community building platform for peer-to-peer collaboration and real-world learning.

### Why Peer-to-Peer?

Traditional training programmes often lack the interactive and collaborative elements needed for an effective skills development. Peer-to-peer learning goes beyond usual teaching methods by fostering direct engagement, shared experiences, focusing on practical field experience. Through peer-to-peer training, participants will have the opportunity to learn from experts who understand the specific challenges and contexts faced by intercultural dialogue and civil society practitioners in the Euro-Mediterranean region. It encourages dynamic interactions, knowledge exchange, and the co-creation of innovative solutions.

## The selected participants will benefit from

- Exploring new areas within your field of expertise in a way that should support developing your professional and achieving your career goals
- Connecting to a network of peers and exchanging knowledge on a transnational level with experts from all over the Euro-Mediterranean region
- Enhancing your analytical skills and acquiring first-hand experience on facilitating a peer-to-peer training session. Today's participants are tomorrow's facilitators!
- Receiving a certificate<sup>1</sup> authorized by the ALF Secretariat that is recognised by the foundation's national networks in 43 Euro-Med countries and 4000+ members of CSO

<sup>&</sup>lt;sup>1</sup> Participants should actively participate in 100% of the 3 sessions modules, at least 80% of the 6 sessions modules and at least 75% of the 9 sessions modules.



# Participants will commit to

- Actively participate in the interactive capacity enhancement sessions in a way that enriches the experiment of other peers.
- Provide a letter of commitment that is signed by your direct supervisor to authorize your participation in the Programme and your commitment toward attending the sessions of the training module that you have applied for<sup>2</sup>
- Strive to share the knowledge that was acquired in the Programme with co-workers and/or other relevant networks and profiles

Don't miss out on this chance to take your career to the next level. Application deadline: 10 December 2024

## **Training modules of the 3rd Edition (February to March 2025)**

You may choose up to two capacities enhancement modules. In the online application form below, please specify your preferences as per the order of priority. The ALF Secretariat will try as much as possible to accommodate your interests.

While always preserving the professional content and the interactive training methodology, the number of the training sessions varies from one training module to another. Hands-On gives you the opportunity to choose from capacity enhancement modules that are covered over 3 sessions, 6 sessions or 9 sessions of 2 hours/3 hours each.

#### Training modules under this 3rd Edition are as follows:

Training module 1: Ethics, Governance and the Role of AI in Strengthening Civil Society in the Euro-

Mediterranean Region

Facilitated by: Youth Rights & Citizenship Initiative

Country: Albania Language: English

Date: February 10<sup>th</sup>, 13<sup>th</sup>, 17<sup>th</sup>, 20<sup>th</sup>, 24<sup>th</sup>, 27<sup>th</sup>, 27<sup>th</sup> and March 3<sup>rd</sup>, 6<sup>th</sup> & 10<sup>th</sup> from 17:30 to 19:30 CET

What you will learn?

In this training module, you will learn how to develop and implement ethical AI policies that prioritize transparency, fairness, and inclusivity, specifically tailored to civil society. Through interactive sessions and real-world case studies, you'll gain practical tools and insights to guide responsible AI innovation. The program is designed to empower participants from the Euro-Mediterranean region to lead initiatives that promote ethical AI practices and drive meaningful, positive changes in their communities.

البعد عن المألوف: إطلاق العنان للإبداع من خلال التخطيط الاستراتيجي Training module 2:

Facilitated by: Oxzota Strategy and Innovation Consultancy

<sup>&</sup>lt;sup>2</sup> Participant's lack of commitment, absence and unjustified withdrawal will result in banning from participating in future editions of this programme as well as other relevant ALF Programmes and opportunities



Country: Egypt Language : Arabic

Dates: February 2<sup>nd</sup>, 3<sup>rd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> and March 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup> & 23<sup>rd</sup> from 18:00 to 20:00 CET

What you will learn?

في هذا البرنامج التدريي، ستتعلم كيفية تطوير مهاراتك في التخطيط الاستراتيجي من خلال اكتساب أحدث الأدوات والتقنيات التي تساعدك في تحليل البيئة المحيطة وتحديد الفرص والتحديات. ستتمكن من صياغة استراتيجيات مبتكرة وفعالة تساهم في تحقيق أهداف مؤسستك وتعزز النمو المستدام.

إدماج الأبعاد الاجتماعية في سياسات تغير المناخ في المنطقة الأورو متوسطية :3 Training module

Facilitated by: Acts for sustainable development

Country: Egypt Language : Arabic

Dates: February 1st, 2nd, 8th, 9th, 15th, 16th, 22nd, 23rd and March 1st

What you will learn?

في هذا البرنامج التدريي، ستتعلم كيفية تعزيز إبداعك ومهاراتك القيادية كناشط في مجال التغير المناخي. من خلال ورش عمل تفاعلية، وأدوار محاكاة، وحلقات نقاش، ستستكشف موضوعات أساسية للعمل المناخي الموجه نحو الحلول. كما ستكتسب أدوات عملية لتحديد الأهداف وتحقيقها في مجال المناخ، مع التواصل مع صانعي التغيير الآخرين من منطقة الأورومتوسط. هذا البرنامج سيؤهلك لقيادة جهود مبتكرة نحو مستقبل أكثر خضرة واستدامة.

مختبر الابتكار الاجتماعي لتغير المناخ: Training module 4:

Facilitated by: Creativity Lab for Empowerment and Innovation

Country: Egypt Language: Arabic

Dates: February 7<sup>th</sup>, 8<sup>th</sup> & 9<sup>th</sup> from 10:00 to 13 CET.

What you will learn?

في هذا البرنامج التدربي، سيتم التركيز على التحديات التي تطرحها ظاهرة التغير المناخي، والأوبئة، والأزمات الاقتصادية العالمية. سيتم التعرف على مفهوم الابتكار الاجتماعي وأهميته في تطوير حلول فعالة لهذه المشكلات المعقدة. يقدم البرنامج فرصة المشاركة في مختبر للابتكار الاجتماعي، حيث ستتعاون مع المشاركين الآخرين لتطوير نماذج أولية لحلول تعالج التحديات البيئية الناتجة عن التغير المناخي مع العمل على تزويد المتدربين بالمهارات والرؤى اللازمة لمواجهة هذه المشكلات الملحة بفعالية.

Training module 5: المساواة للجميع - Equality for All

Facilitated by: مؤسسة شباب المتوسط - MYF

Country: Egypt Language: Arabic

Dates: February 1st, 2nd, 8th, 9th, 15th, 16th, 22nd, 23rd & 27th from 13:00 to 15:00 CET

What you will learn?

في هذا البرنامج التدربي ، ستتاح لك فرصة فريدة للتعلم والتشبيك في مجال المساواة بين الجنسين من خلال إدماج النوع الاجتماعي في مشاريع التنمية. ستستفيد من تجارب متنوعة تشمل دورات وورش عمل تركز على فهم قضايا النوع الاجتماعي، وإشراك الرجال في برامج النوع والتنمية، بالإضافة إلى تحليل الذكورة وموقعية الرجل. ستتعلم أيضًا كيفية تفكيك مفاهيم المساواة والتنوع، مما سيمكنك من تطوير رؤى أعمق في هذا المجال الحيوى. تابعنا لتكتشف المزيد عن هذه التجربة المثمرة.

الاجتماعية والمناخية الغائبة في المنطقة الأورومتوسطية النوع الاجتماعي والعدالة :Training module 6



(تابعة لشركة المناخ للاستشارات والتدريب ( مدرسة المناخ :Facilitated by

Country: Egypt Language: Arabic

Dates: March 8<sup>th</sup>, 9<sup>th</sup> & 10<sup>th</sup> from 10:00 to 12:00 CET

What you will learn?

في هذا البرنامج التدريي، سيتم التطرق الى العدالة الاجتماعية والمناخية الغائبة في المنطقة الأورومتوسطية، أسباب هشاشة النساء في مواجهة التأثيرات المناخية، وكيفية إدماج الأبعاد الاجتماعية والنوع الاجتماعي في السياسات لتحقيق تنمية شاملة ومستدامة. سنتعرف على تجارب حية ونماذج ملهمة توضح الأثر الإيجابي لإشراك النساء في صنع السياسات والعمل المناخي.

Training module 7: Frameworks for Inclusive Sustainable Workplaces

Facilitated by: Empower Hub for Development and Training

Country: Egypt Language: English

Dates: February 2<sup>nd</sup>, 5<sup>th</sup>, 9<sup>th</sup>, 12<sup>th</sup>, 16<sup>th</sup> & 19<sup>th</sup> from 19:00 to 21:00 CET

What you will learn?

In this training module, you will learn how to leverage Environmental, Social, and Governance frameworks to unlock your organization's potential beyond mere compliance. Through interactive workshops, real-world case studies, and expert guidance, you will gain practical skills to implement effective ESG strategies, mitigate risks, and identify new opportunities. This program empowers you to contribute to shaping a more inclusive and sustainable Euro-Mediterranean region.

Training module 8: Bridging Boundaries: Intercultural Activism Through Audiovisual Media Campaigns

Facilitated by: Epojé Country : Spain Language: English

Dates: February 11th, 12th, 13th & 14th from 15:00 to 18:00 CET

What you will learn?

In this training module, you will learn to master storytelling techniques and create impactful media campaigns. You will explore strategies for fostering dialogue and bridging cultures across the Euro-Mediterranean region and develop practical expertise in crafting compelling narratives that resonate with diverse audiences, equipping you to drive meaningful social impact within your community.

Training module 9: M.A.P. - Managing Actions for Peace

Facilitated by: Kinisi Ethelonton Service Civil International-Hellas

**Country :** Greece **Language :** English

Dates: February 10<sup>th</sup>, 13<sup>th</sup>, 17<sup>th</sup>, 20<sup>th</sup>, 24<sup>th</sup> & 27<sup>th</sup> from 17:00 to 19:00 CET

What you will learn?

In this training module, you will learn essential project management skills to effectively design, implement, and evaluate projects that promote peace, human rights, and intercultural dialogue. This program equips you with the knowledge and competencies to launch meaningful initiatives that foster positive change in your community.



Training module 10: Step

Facilitated by: United Societies of Balkans

Country: Greece Language: English

Dates: February 1st, 2nd, 8th, 9th, 15th, & 16th from 11:00 to 13:00 CET

What you will learn?

In this training module, you will learn to better understand yourself, including your motivations and needs, which are crucial for determining your next steps in life. Through guided activities and discussions, you will explore strategies for self-discovery and personal development, empowering you to make informed decisions that lead to a more fulfilling life.

Training module 11: Mastering Ethical Communication to Build Trust in the Euro-Mediterranean Region

Facilitated by: MindmeUp LP

Country: Greece Language: English

Dates: February 5<sup>th</sup>, 6<sup>th</sup>, 12<sup>th</sup>, 13<sup>th</sup>, 18<sup>th</sup> & 19<sup>th</sup> from 16:00 to 18:00 CET

What you will learn?

In the training module, you will learn the essential skills needed to effectively drive change in the Euro-Mediterranean region. This training will equip you with the tools to communicate ethically and strategically, enabling you to address pressing social issues and engage diverse communities. You will be better prepared to navigate the complexities of the region and make a meaningful impact.

Training module 12: Regenerative Placemaking: Cultivating Cultural Ecosystems for Thriving Communities

Facilitated by : Inesto

Country: Italy
Language: English

Dates: February 12<sup>th</sup>, 19<sup>th</sup> & 26<sup>th</sup> from 17:00-19:00 CET

What you will learn?

In this training module, you will learn to harness the unique cultural assets of your community while exploring innovative tools to reimagine and revitalize public spaces. You will have the opportunity to collaborate with a diverse cohort of changemakers from the Euro-Mediterranean region, gaining valuable insights into how to weave local heritage into vibrant, sustainable, and inclusive communities.

Training module 13: Break the Norms: Lets Talk About Emotional Health!

Facilitated by: Jordan Youth Potential (Alwaed for cultural activities)

Country: Jordan Language: English

Dates: February 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> and March 1<sup>st</sup>, 8<sup>th</sup> & 15<sup>th</sup> from 12:00 to 14:00 CET

What you will learn?

In this training module, you will learn to enhance your emotional health through a series of engaging and interactive sessions that utilize non-formal education methods. Each session is designed to facilitate self-



discovery and emotional intelligence, enabling you to uncover the keys to inner peace and joy while fostering meaningful connections with others.

Training module 14: Beyond Borders: Thriving in a Commercial World

Facilitated by: CROSS CULTURE INTERNATIONAL FOUNDATION

Country: Malta Language: English

Dates: February 1st, 8th, 15th, 22nd and March 1st, 8th, 15th, 22nd & 29th from 14:30 to 17:30 CET

What you will learn?

In this training module, you will learn about intercultural communication and engage in peer-learning methodologies, participating in interactive simulations of cross-cultural scenarios and analyzing relevant case studies. You will develop essential skills for navigating intercultural dynamics, with a strong emphasis on applying theoretical concepts to practical situations.

الابتكار الاجتماعي وألعاب المحاكاة من أجل الإدماج الاجتماعي: Training module 15:

Facilitated by: Yes Theatre for Communication among Youth

Country : Palestine Language: العربية

Dates: March 1st, 2nd, 3rd & 4th from 16:00 to 18:00

What you will learn?

في هذا البرنامج التدربي، سوف تتعلم كيفية استخدام ألعاب المحاكاة كأداة تفاعلية لتناول القضايا المعقدة مثل الإدماج الاجتماعي والتهميش. إضافة الى انك ستتعلم كيفية تصميم لعبة محاكاة خاصة بك، والتي ستقوم بتجربتها مع المشاركين الآخرين و سيتم تسجيل نتائج التجربة لتحليلها ومناقشتها، مما سيمكنك من استنتاج الدروس المستفادة وتعزيز فهمك لكيفية معالجة قضايا الإدماج الاجتماعي بفعالية.

أخلاقيات وحوكمة تقنيات الذكاء الاصطناعي في المنطقة الأورو-متوسطية: Training module 16

جامعة النجاح الوطنية: Facilitated by

Country : Palestine Language: العربية

Dates: February 16<sup>th</sup>, 18<sup>th</sup>, 24<sup>th</sup>, 26<sup>th</sup> and March 2<sup>nd</sup> & 4<sup>th</sup> from 18:00 to 20:00

What you will learn?

في هذا البرنامج التدريي، ستتعلم أخلاقيات وحوكمة تقنيات الذكاء الاصطناعي في المنطقة الأورو-متوسطية. كما سيتم تعزيز فهم عميق للمعايير الأخلاقية والتحديات المتعلقة بتقنيات الذكاء الاصطناعي، مما يمكّن من اتخاذ قرارات مستنيرة ومسؤولة في بيئتك المهنية لتكتسب المهارات اللازمة لقيادة الابتكار الأخلاقي في هذا المجال الحيوي.

الشباب في الحوار إشراك : Training module 17

مركز امنية الشبابي :Facilitated by

Country: Palestine Language: Arabic

Dates: February  $2^{nd}$  from 9:00 to 11:00,  $9^{th}$  from 14:00 to 16:00,  $16^{th}$  from 9:00 to 11:30,  $23^{th}$  from 14:00 to 16:00 and March  $2^{nd}$  from 9:00 to 11:00,  $9^{th}$  from 14:00 to 16:00,  $16^{th}$  from 9:00 to 11:00,  $23^{nd}$  14:00 to 16:00

& 30<sup>th</sup> from 9:00 to 11:00

What you will learn?



في هذا البرنامج التدريي ، ستكتسب المهارات والمعرفة اللازمة لبناء جسور التواصل بين الأجيال والثقافات المختلفة. كما ستتعلم كيفية الاستماع الفعال، والتعبير عن نفسك بوضوح، وحل النزاعات بطريقة بناءة .

**Training module 18**: Romophobia, anti-Gypsism, disinformation - contemporary threats to a multicultural, civil society and their consequences

Facilitated by: Home of the Borderland Foundation

Country: Poland Language: English

Dates: February 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup> and March 4<sup>th</sup>, 11<sup>th</sup> 18<sup>th</sup>, 25<sup>th</sup> & 31<sup>st</sup> from 17:00 to 19:00 CET

What you will learn?

In this training, you will gain a comprehensive understanding of the Roma communities in Europe, challenging existing stereotypes and common misconceptions. You will learn effective strategies to support Roma communities while honoring and promoting their intersectional identities. This is an invaluable opportunity to deepen your knowledge and enhance your capacity to advocate for the rights and dignity of Roma individuals.

Training module 19: Youth Participation at the Local Level - Designing Youth Policies

Facilitated by: DYPALL Network

Country: Portugal Language: English

Dates: March 5<sup>th</sup>, 10<sup>th</sup> and 14<sup>th</sup> from 09:00 to 12:00 CET

What you will learn?

In this training module, you will learn how to unlock the potential of youth participation in shaping local policies within the Euro-Mediterranean region. With a focus on collaboration, real-life case studies, and practical tools, you will acquire the skills necessary to ensure that young voices are not only heard but also actively influence the future of their communities.

Training module 20: Crafting impactful projects: a guide to intercultural project management

Facilitated by: Aequalitas

Country: Portugal Language: English

Dates: February 18<sup>th</sup>, 19<sup>th</sup>, 20<sup>th</sup>, and 21<sup>st</sup> from 11:00 to 13:00 CET; February 22<sup>nd</sup> from 11:00 to 15:00 CET; and

February 25<sup>th</sup>, 26<sup>th</sup>, and 27<sup>th</sup> from 11:00 to 13:00 CET

What you will learn?

In this training course, you will enhance your project management skills specifically designed for civil society practitioners focused on intercultural dialogue. You will possess the skills necessary to design impactful projects that foster collaboration and understanding among various cultural communities.

Training module 21: You, me and Conflict: How to Deal with Conflict in an Intercultural world

Facilitated by: Ofensiva Tinerilor

Country: Romania Language: English

Dates: February 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup> and March 6<sup>th</sup> & 13<sup>th</sup> from 16:00 to 19:00



## What you will learn?

In this training module, you will learn how to deal with Conflict in an Intercultural World is a transformative training that equips you with essential tools for global citizenship, positive communication, and conflict resolution. You will discover how to turn cultural diversity into an advantage and take charge of your journey, developing stronger connections across differences!

Training module 22: (دور المرأة العربية في منع الصراعات) دور المرأة العربية في منع الصراعات) Facilitated by: Support Action Center for Peace and Development

Country: Sweden Language: Arabic

Dates: February 3<sup>rd</sup>, 5<sup>th</sup>, 10<sup>th</sup>, 12<sup>th</sup>, 17<sup>th</sup>, 19<sup>th</sup>, 24<sup>th</sup>, 26<sup>th</sup> and March 3<sup>rd</sup>, 5<sup>th</sup>, 10<sup>th</sup>, 12<sup>th</sup>, 17<sup>th</sup> & 19<sup>th</sup> from 15:00 -

17:00 CEt

What you will learn?

في هذا البرنامج التدريي، ستتعلم مهارات عملية في الوساطة وتحليل الصراعات الحساسة للنوع الاجتماعي وتيسير الحوار، أيضًا كيفية استخدام وسائل الإعلام الجديدة وصحافة السلام للدفاع عن حقوق الإنسان والتعايش. يقدم هذا البرنامج منصة فريدة للنساء لتبادل الخبرات وتطوير قدرات القيادة وتعزيز السلام المستدام داخل مجتمعاتهن.

Training module 23: Emerging Female Leaders

Facilitated by: Well-being LAB

Country: Sweden Language: English

Dates: February 4<sup>th</sup>, 6<sup>th</sup>, 11<sup>th</sup>, 13<sup>th</sup>, 18<sup>th</sup>, 20<sup>th</sup>, 25<sup>th</sup>, 27<sup>th</sup> and March 1<sup>st</sup> from 18:00 to 20:00 CET

What you will learn?

In this training module, you will learn how to develop self-awareness, prioritize your well-being, and take ownership of your personal leadership journey. The program empowers women to transform their dreams into reality while fostering the skills needed to create a brave, compassionate, and sustainable world for current and future generations. You will gain insights into leadership strategies that emphasize emotional intelligence and sustainability, equipping you to drive meaningful change in both your personal and professional life.

Training module 24: Preventative solutions to misinformation in euromed area with AI

Facilitated by: Geleneksel Yeşil Çevre Derneği

Country: Türkiye Language: English

Dates: March 3<sup>rd</sup>, 6<sup>th</sup>, 10<sup>th</sup>, 13<sup>th</sup>, 17<sup>th</sup> & 20<sup>th</sup> from 19:00 to 21:00 CET

What you will learn?

In this training module, you will learn about the societal impact of misinformation in the Euro-Mediterranean region and how AI can be leveraged to detect and prevent it. You will explore practical solutions to combat misinformation, gain insights into the ethical and legal frameworks surrounding it, and understand future trends and innovative approaches.

Preview the application from here Apply here



# **Questions for the Typeform**

## **Applicant**

- · Name of the applicant
- · Date of birth
- · Gender
- · Current position in the organisation:
- · Applicant's email address:
- · Applicant's direct phone number with international country codes:
- · Please specify your preferred enhancing capacities option as first priority:
- · If applicable, please specify your enhancing capacities option as second priority:
- English language level (Please indicate the language, if any, and the level from A1 to C2 or none)
- · Arabic language level (Please indicate the language, if any, and the level from A1 to C2 or none)
- · French language level (Please indicate the language, if any, and the level from A1 to C2 or none)
- · For how many years have you been working for your current organisation? (school down option years and months)
- · Please elaborate on your personal engagement to actively participate in the enhancing capacities chosen options (max 100 words)
- · How are you planning to apply the concepts learned in your organisation? (max 100 words)

# Organisation/Entity

- · Name of the organisation:
- · Website/link to Facebook page of the organisation:
- · Country:
- · Direct supervisor of the applicant:
- · Direct supervisor's position in the organisation:
- · Commitment letter (download option)
- · Is your organisation a member of one of the ALF National Civil Society Networks? Yes/No
- · If yes, please paste the link of your organisation profile on the ALF corporate website
- If not, have you submitted an application to become an ALF member? Yes/No When? (Please note that membership is offered free of charge)

Did you made use of Artificial Intelligence in drafting the application? (Yes/No) If yes: why?

Where did you hear about this call?

By participating in this call, the applicant accepts the provisions of the ALF regarding patents, privacy and intellectual property and the protection of personal data [link to the legal text] [Mandatory check box to be able to submit the application] and accepts to be subscribed to receive updates about the Foundation's activities and future opportunities [Mandatory check box to be able to submit the application]